

CRAB<sup>®</sup> is an innovative tool that makes your body strong and your brain think

# CRAB

The main purpose of this form is to evaluate the candidate's abilities, strengths and training level required to deliver the specific Crab<sup>®</sup> Course. The form presents the main contents of the course and also an evaluation section that is used to make the candidate aware of their existing strengths and also of the abilities required to fulfil tasks while teaching the Crab<sup>®</sup> Course. The feedback section intends to debrief the candidate at the end of the course. It also contains specific suggestions and advice regarding further ways of development.

## COURSE INFORMATION

DATE: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

LOCATION: \_\_\_\_\_

TYPE:  Crab<sup>®</sup> Athletic Fundamentals  Crab<sup>®</sup> Beat  
 Crab<sup>®</sup> Flow  Crab<sup>®</sup> Combat

Master Trainer: \_\_\_\_\_

## INSTRUCTOR CANDIDATE

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Function: \_\_\_\_\_

## ADDRESS

Country: \_\_\_\_\_

State/Region: \_\_\_\_\_

City: \_\_\_\_\_

Postal/ZIP Code: \_\_\_\_\_

Phone number (including area code): \_\_\_\_\_

E-mail address: \_\_\_\_\_@\_\_\_\_\_

## PAYMENT

Type:  Bank Transfer  at location  P.O. (payment order)

CRAB<sup>®</sup> included:  Yes  No

## SIGNATURE

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