

CRAB® is an innovative tool that makes your body strong and your brain think



## Instructor Evaluation Tool

### INSTRUCTOR CANDIDATE

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Function: \_\_\_\_\_

E-mail address: \_\_\_\_\_@\_\_\_\_\_

The candidate has to demonstrate that he/she has specific skills and abilities, that are necessary for delivering a complete CRAB® training session:

SCORES

#### 1. ORGANIZATION

Confidence  
Demonstration of CRAB® Training Knowledge  
Correct Terminology  
Maintains control  
Positive energy – passion – enthusiasm  
Misses key points  
Safety

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#### 2. COMMUNICATION

Appropriate speed specks  
Volume  
Delivering main points  
Handles questions and situations

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#### 3. INTERACTION

Good eye contact  
Encourages  
Respects opinions  
Uses appropriate attitude

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#### 4. EXERCISE DEMONSTRATION

Demonstrates flawless  
Form  
Right cueing for exercises

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FINAL SCORE \_\_\_\_\_